

SMOKING CESSATION

To assist employees who want to stop smoking, the City wellness program will contribute to the cost of smoking cessation efforts including nicotine gum and the nicotine patch. Employees are eligible following successful completion of their six-month probationary period. Nicotine gum or the patch will only be reimbursed one dose at a time. The limits to coverage are as follows:

gum – 10 packages per lifetime
patch – 12 weeks per lifetime
prescriptions – 12 weeks per lifetime

For reimbursement for nicotine gum or the patch, contact Personnel for a reimbursement form. Proof of purchase, which shows the name of the product and payment, will be required.

These maximums have been identified as sufficient to assist an individual trying to quit. City of Iowa City health insurance does not cover smoking cessation efforts. If you receive this benefit through another insurance company you will only be eligible for reimbursement for any amount not covered by that insurance.

Other smoking cessation programs may be considered for reimbursement. For information regarding reimbursement, please contact Personnel prior to expending funds.