

Why choose Synchrony EAP?

We are aware that asking for help may be difficult. That's why we make every effort to ensure that you feel welcome and comfortable. Synchrony EAP has assisted hundreds of employees and family members by helping them identify their problems so they can get the individualized care they need.



Synchrony does not discriminate in its practices on the basis of gender, age, race, religious or political affiliation, creed, color, national origin, ethnicity, physical disability, marital status nor sexual orientation.

How does EAP work?

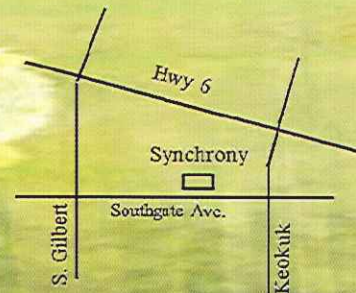
Synchrony EAP is easy to use. Call today if you have questions or would like to schedule an appointment. A counselor will normally meet with you within three to five days of your call to help assess the problem and make appropriate referrals if necessary. In an emergency, we will meet with you on the same day.

Phone: 319-351-9072

Toll Free: 800-444-9014

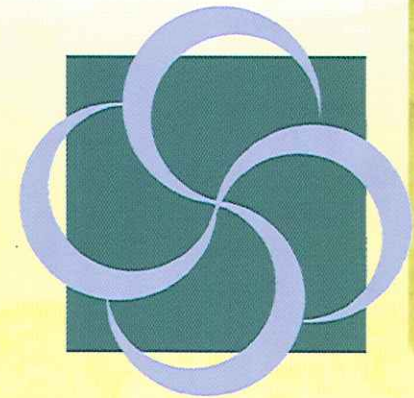
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Synchrony

*Healthy Solutions for
Work & Life*



*Employee Assistance
Program (EAP)*

What is an EAP?

Synchrony Employee Assistance Program is a benefit provided by your employer for you and your eligible family members.



Synchrony provides professional services to assist you in addressing life's challenges that may interfere with your job performance or health. Our counselors are licensed professionals who are committed to your well-being.

We can help with...

- Family issues
- Coping with change
- Work/life balance
- Emotional problems
- Divorce
- Stress management
- Substance abuse
- Aging parents
- Relationship concerns
- Other issues interfering with daily life

How much does it cost?

All services provided by Synchrony EAP are at no charge to the employee. If services beyond those provided by Synchrony EAP are recommended, the employee is responsible for the cost of those services.

The Client Perspective

"[The counselor] was great. She was caring and sensitive and peaceful, just what I needed. Thanks."

"The counselor has really helped me work through my issues. Every time something difficult comes up, I think of the advice she gave me. I value what I received coming out of these sessions."

"The confidentiality was very important to me; thank you for your services."

Are EAP services confidential?



Yes! All services provided by your EAP are confidential and no information about you will be shared without your written consent.