



MPOJC
Iowa City, Coralville,
North Liberty, Tiffin,
University Heights,
Johnson County,
University of Iowa

IOWA CITY METRO AREA TRAILS MAP



There are more than 100 miles of off-street multi-use trails and sidepaths in Johnson County that contribute to an active transportation network. These bikeways, along with on-street facilities, such as bike lanes and sharrows, provide safe and efficient routes for commuting and recreation. More than 7 miles of on-street bike lanes are planned for construction in 2019.

The Metropolitan Planning Organization of Johnson County (MPOJC) works with Johnson County communities and the University of Iowa to coordinate bicycle and pedestrian planning. MPOJC's Regional Trails and Bicycle Committee (RTBC) brings together representatives from Iowa City, Coralville, North Liberty, University Heights, Tiffin, Johnson County, and the University of Iowa to plan for improvements to the trail network and for other programs and policies to enhance bicycle and pedestrian safety. MPOJC assists member communities with grant applications for state and federal funds to extend and improve pedestrian and bike facilities.

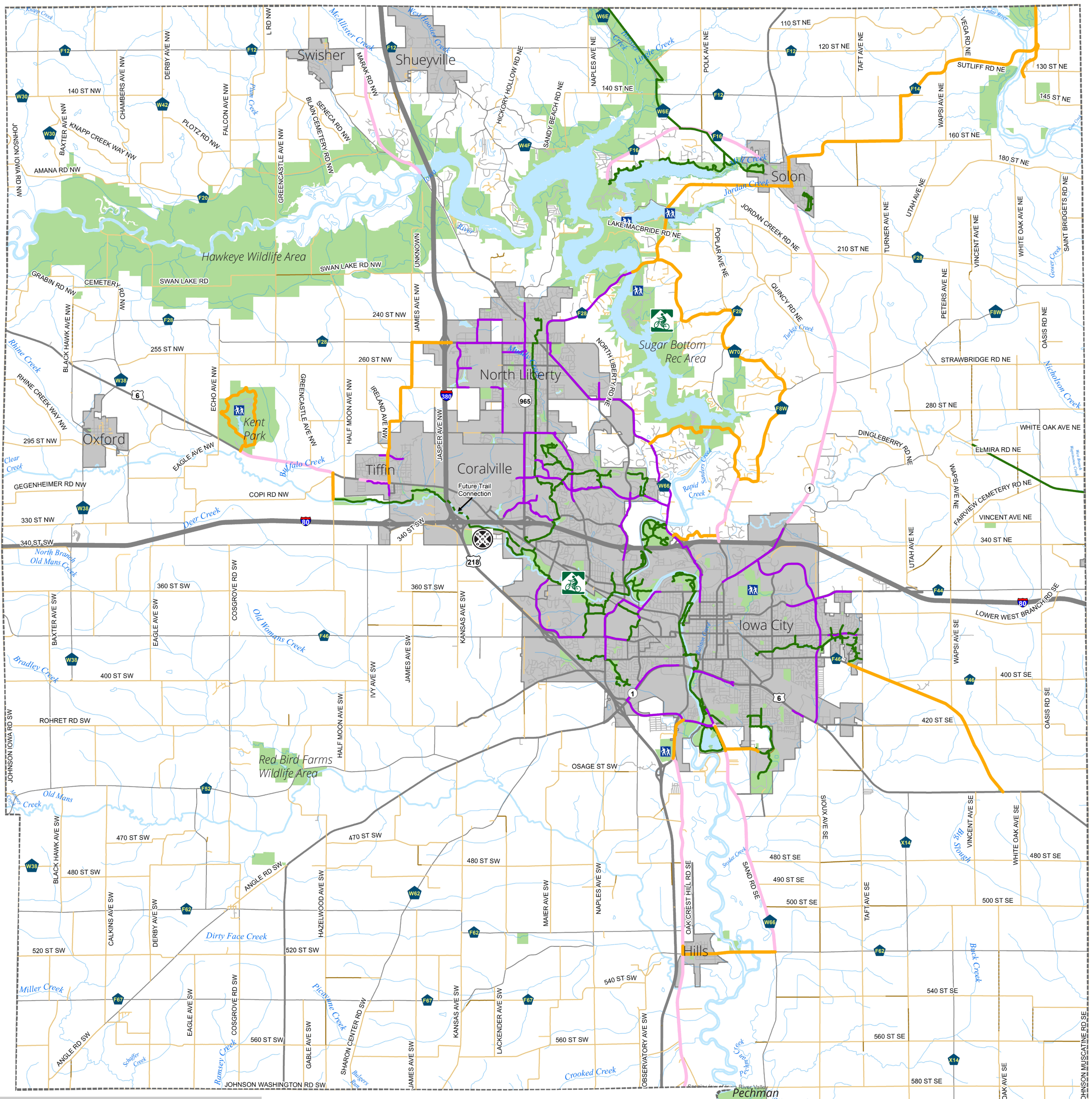
Bike Friendly Trail Etiquette

- **Ride or walk on the right side of the trail.**
When in a group or with pets, use no more than half the trail. When stopping, move as far to the right as you can or off the trail where appropriate.
- **Pass on the left.**
Alert those you are passing by ringing your bell or simply saying "passing on your left" as you approach. . . . before you actually pass.
- **Ride at a reasonable speed.**
Yield to slower and oncoming traffic.
- **Be cautious when crossing driveways, streets, sidewalks, other trails, or railroad tracks.**
- **Obey all traffic laws and signs.**

COVER PHOTO: Courtesy of the Iowa City Bike Library and the Neighborhood Centers of Johnson County. The W.E. Ride program (Women Empowerment Rides) teaches girls, ages 8-14, to bike with confidence and build a passion for bicycling. Each Wednesday, during the school year, W.E. Ride members lead fellow Weider Elementary School students on rides to and from school.

RURAL ROUTES

The Metropolitan Planning Organization of Johnson County (MPOJC) makes no warranties, expressed, or implied, including without limitation, any warranties or merchantability or fitness for the particular purpose. In no event shall MPOJC be liable for lost profits or any consequential or incidental damages caused by the use of this map.



- BICYCLE FRIENDLY BUSINESS** GOLD THE LEAGUE OF AMERICAN BICYCLISTS
Johnson County Downtown Administrative Campus
- BICYCLE FRIENDLY COMMUNITY** SILVER THE LEAGUE OF AMERICAN BICYCLISTS
City of Iowa City
- BICYCLE FRIENDLY BUSINESS** SILVER THE LEAGUE OF AMERICAN BICYCLISTS
Iowa City Downtown Campus
- BICYCLE FRIENDLY UNIVERSITY** SILVER THE LEAGUE OF AMERICAN BICYCLISTS
The University of Iowa
- BICYCLE FRIENDLY COMMUNITY** BRONZE THE LEAGUE OF AMERICAN BICYCLISTS
City of Coralville
- BICYCLE FRIENDLY COMMUNITY** BRONZE THE LEAGUE OF AMERICAN BICYCLISTS
City of University Heights

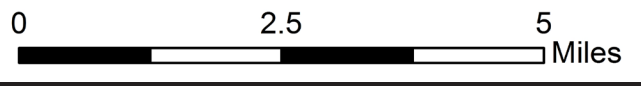
	Hiking Trails
	Cyclocross Trails
	Mountain Bike Trails
	Off-Street Multi-use Trail
	Side Path
	Paved Shoulder
	On-Street Route
	Gravel Road
	Dirt Road
	Paved Road



MAKE ROOM FOR BIKES

5 FEET FOR SAFE PASSING

The safest way for a motorist to pass a bicycle is on the left, in the adjacent travel lane, when clear of oncoming traffic. Drivers should not merge back into the lane until the bicyclist is visible in the rearview mirror.



BICYCLE FACILITIES

Multi-Use Trail: A paved multi-use path. Off-street trails provide routes with a reduced number of street crossings or encounters with motor vehicle traffic. Trails are shared by bicyclists, pedestrians, and other non-motorized users.

Sidepath: Paved multi-use paths that are part of the street right-of-way, running parallel to the roadway. Sidepaths have a limited number of driveway crossings. These facilities are shared by bicycles, pedestrians, and other non-motorized users.

Wide Sidewalk: As the name indicates, these are 8-10 foot sidewalks where bicycling may be permitted but where the number or frequency of driveways require bicyclists to ride with a greater degree of caution. Bicycling in the street may be preferred for experienced bicyclists.

Bike Lane: A marked portion of a roadway, designated for exclusive use by bicyclists. Metro area bike lanes are for one-way travel only.

Marked Shared Lane (Sharrows): Sharrows are pavement markings used along roadways that are main routes for bicyclists and alert motorists to the presence of bicyclists along routes where there is not adequate space for a bike lane. The travel lane is shared by motor vehicles and bicycles.

Paved Shoulder: Roadways with areas of pavement just outside the regular travel lane. Paved shoulders may be used by bicyclists similar to a bike lane but may also accommodate stopped vehicles, emergency use, and pedestrians. For the purpose of this map, paved shoulders are indicated only along rural roadways.

On-Street Route: Convenient routes for commuting or recreation. These routes are popular among experienced bicyclists but may include no special facilities, such as dedicated lanes, shared lane markings (sharrows), or paved shoulders.

FACILITY DESCRIPTIONS

HARD SURFACE FACILITIES

IOWA RIVER TRAIL

18.2 miles (north-south)
Iowa City-Coralville-North Liberty

End Points: Terry Trueblood Recreation Area in south Iowa City to Mehauff Bridge Road, southwest of Lake MacBride Recreation Area.

Water/Restrooms: Terry Trueblood Recreation Area and City Park.

NORTH RIDGE - NORTH LIBERTY TRAIL

6.6 miles (north-south)
Coralville-North Liberty

End Points: Highway 6 in Coralville north to Penn Street in North Liberty.

Water/Restrooms: North Ridge Park.

COURT HILL TRAIL

2.25 miles (east-west)
East Iowa City

End Points: Seventh Avenue Court to Windsor Ridge Neighborhood.

Water/Restrooms: Court Hill Park south of Friendship Street and west of Brookside Drive.

CLEAR CREEK TRAIL

9 miles (east-west)
West Iowa City-Coralville / Tiffin

End Points: Mormon Trek Blvd to Deer Creek Rd, just south of the I-80/I-380 interchange. Tiffin Section: Hwy 218 to the Tiffin Baseball, Softball, Soccer Complex.

Water/Restrooms: Tom Harkin Trailhead located off Camp Cardinal Boulevard.

WILLOW CREEK TRAIL

2.0 miles (east-west)
West Iowa City

End Points: Melrose Ave to Willow Creek Dr/Hwy 1.

Water/Restrooms: Willow Creek Park.

SYCAMORE GREENWAY TRAIL

2.0 miles (north-south)
Southeast Iowa City

End Points: Lakeside Drive to Kickers Soccer Park.

Water/Restrooms: Kickers Soccer Park (seasonal weekends only).

MUDDY CREEK TRAIL

1.75 miles (east-west)
Coralville

Destinations: Wickham Elementary, Coralville Youth Sports Complex, Oakdale Campus.

Water/Restrooms: Coralville Youth Sports Complex.

HWY 6 AND HWY 1 SIDEPATHS

2.5 miles (east-west)
Iowa City

End Points: Hollywood Blvd to the Iowa River Trail and Orchard to Sunset St. 2019 extension to Mormon Trek Blvd.

NATURAL SURFACE BIKE TRAILS

WOODPECKER (CLEAR CREEK) SINGLETRACK TRAIL

5.9 miles
Coralville

Just east of the Tom Harkin Trailhead on Clear Creek Trail, east of Camp Cardinal Blvd.

CREEKSIDE CROSS

2.6 miles
Coralville

Johnson County's first and only cyclocross park is located just west of the Coralville Creekside Ballpark.

SUGAR BOTTOM SINGLETRACK

13 miles
Sugar Bottom Recreation Area, east of North Liberty.

Iowa's premier mountain bike trail system.

FIXIT BIKE REPAIR STATIONS:

Near Downtown Iowa City

Johnson County Admin Bldg: near Kirkwood Avenue.
Robert A Lee Rec Bldg: at rear entrance.
New Pioneer Co-op: at Van Buren and Washington Streets.
Ped Mall: at College & Clinton Streets.

South Iowa City

Terry Trueblood Recreation Area: Near H2O boat rental and at south parking area.

Coralville

Clear Creek Trail: Harkin Trailhead, off Camp Cardinal Blvd.
Creekside Cyclocross: near Coralville Softball Complex.
Coralville Youth Sports Complex: off Dempster Drive.
Iowa River Power and Light: near the gazebo.
Northridge Park: near Northridge Pavillion.
Northridge Trail: near University Parkway.
Iowa River Landing: at IRL Place & 2nd Avenue

Univ of Iowa-East campus

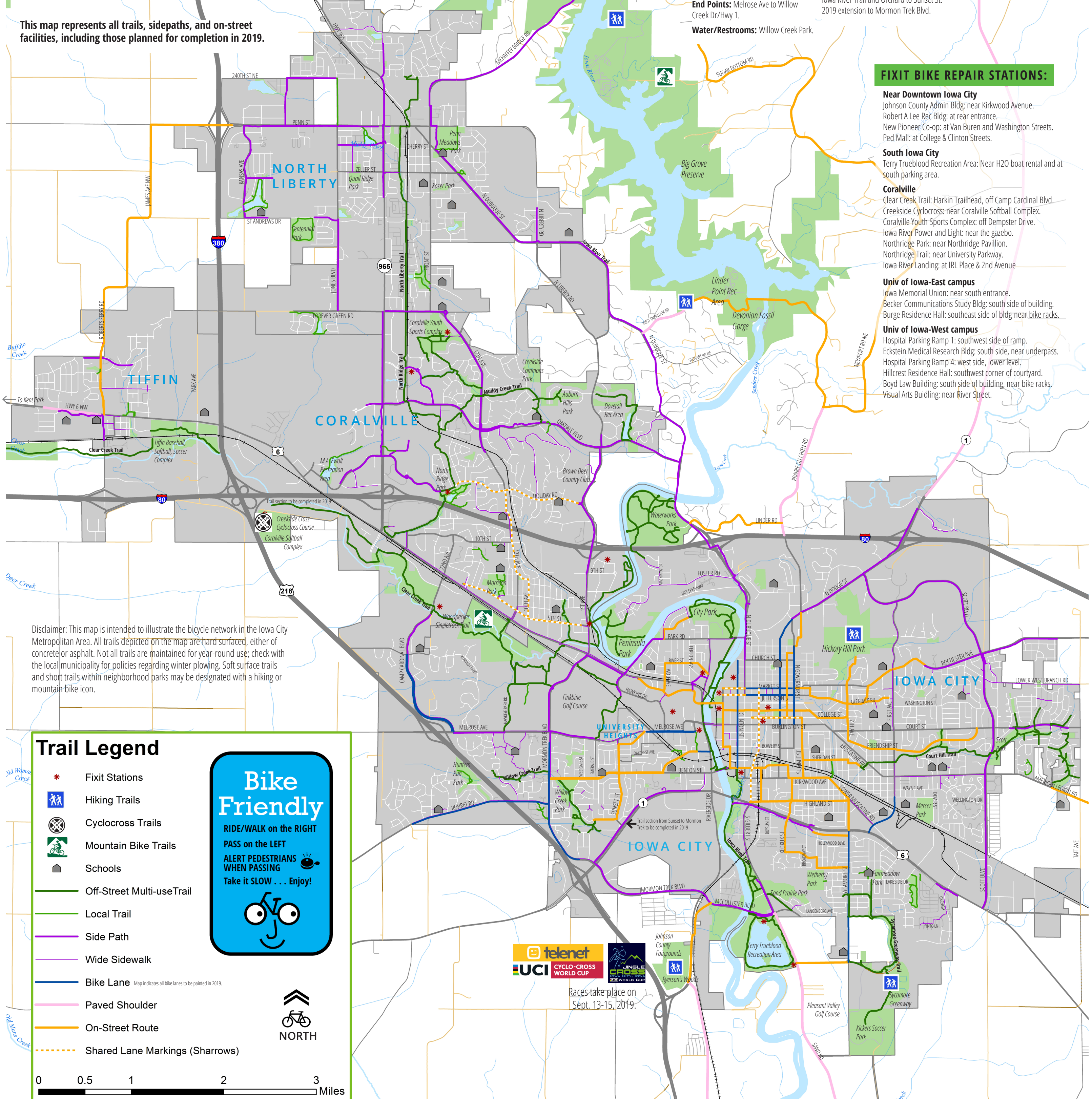
Iowa Memorial Union: near south entrance.
Becker Communications Study Bldg: south side of building.
Burge Residence Hall: southeast side of bldg near bike racks.

Univ of Iowa-West campus

Hospital Parking Ramp 1: southwest side of ramp.
Eckstein Medical Research Bldg: south side, near underpass.
Hospital Parking Ramp 4: west side, lower level.
Hillcrest Residence Hall: southwest corner of courtyard.
Boyd Law Building: south side of building, near bike racks.
Visual Arts Building: near River Street.

METRO ROUTES

This map represents all trails, sidepaths, and on-street facilities, including those planned for completion in 2019.



Disclaimer: This map is intended to illustrate the bicycle network in the Iowa City Metropolitan Area. All trails depicted on the map are hard surfaced, either of concrete or asphalt. Not all trails are maintained for year-round use; check with the local municipality for policies regarding winter plowing. Soft surface trails and short trails within neighborhood parks may be designated with a hiking or mountain bike icon.

Trail Legend

- * Fixit Stations
- Hiking Trails
- Cyclocross Trails
- Mountain Bike Trails
- Schools
- Off-Street Multi-use Trail
- Local Trail
- Side Path
- Wide Sidewalk
- Bike Lane Map indicates all bike lanes to be painted in 2019.
- Paved Shoulder
- On-Street Route
- Shared Lane Markings (Sharrows)



0 0.5 1 2 3 Miles



Races take place on
Sept. 13-15, 2019.